



Black Prince Trust – Community Update February 2019

February Half Term.



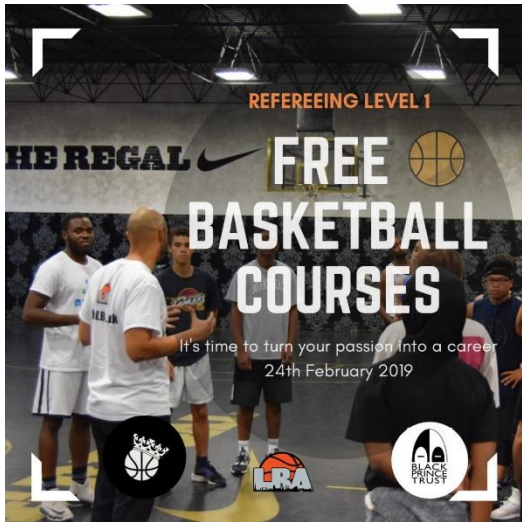
During February Half Term “The Hub” hosted a range of activities for our young people to engage with. These opportunities included football delivered by Fulham FC Foundation Trust, Multi Sports session delivered by Oasis Triangle, boxing by Fight for Change and a range of basketball activities in partnership with Nike. Across the week we offered our young people with **22** free opportunities to become physically active totalling in **66** hours of free activity. During the half term week, the Black Prince Trust recorded **386** unique users that attended activities and **680** attendances in the activity on offer.

Activity	Attendances (participants)	Contact hours	Session hours	Sessions delivered
BPT Open Basketball	435	3272	39	6
Fulham Kicks Feb Half Term	34	68	4	2
Lambeth Made Basketball	21	31.5	1.5	1
Lambeth Made Boxing	17	34	2	1
London Lions - Train like a pro	13	19.5	1.5	1
Nike All Star Scrimmage	64	192	3	1
Nike female only skills Clinic (U16)	14	28	4	2
Nike Skills Clinics	30	60	4	2
Nike Strength & Conditioning session	39	46	6	5
Oasis Triangle	13	13	1	1
Totals	<b>680</b>	<b>3764</b>	<b>66</b>	<b>22</b>



## Educating the next generation of basketball Officials and Referees

BPT has been working in partnership with the London Basketball Association over the February half term to upskill new basketball Referees and Table Officials. The courses took place in The Jordan court and our onsite training room The Space. Aimed at basketball volunteers, players and coaches from within the local community and the wider pan London basketball community, both courses proved to be a great success. The partnership qualified:



- 19 new Level 1 Table Officials
- 23 new Level 1 Referees

The newly qualified officials now can progress into the LBA's network of pan London leagues to put their learning to the test and become paid casual officials.

For more information on basketball here at BPT please visit [www.blackprincetrust.org.uk](http://www.blackprincetrust.org.uk)

## Youth Crime Crisis

The Black Prince Trust has for many years been offering local young people the opportunity to engage in positive and diversionary sport and educational programmes and sustaining young people's participation in these programmes.

Driving the Trust ethos and activity delivery are our "Social Outcomes". One of our six Social Outcomes is Youth Intervention – "Providing young people with positive experiences, positive relationships and positive environments. Within this outcome we focus on:

- 1) Challenging anti-social behaviour including gang culture
- 2) Providing diversionary programmes and activities in both sport and education to engage and sustain young people in positive activities
- 3) Offer young people pathways to education, training or employment

To deliver on the above outcome we partner with leading industry experts from within the youth engagement field.

An excellent example of this in action is the partnership between Fight 4 Change and BPT. Fight 4 Change work with Park Campus, Lambeth Youth Offending Team and Met Police to a provision of boxing and educational programmes delivered both off site and at The Hub. For more information on Fight 4 Change please contact Adam Marin [adam@fight4change.org.uk](mailto:adam@fight4change.org.uk)

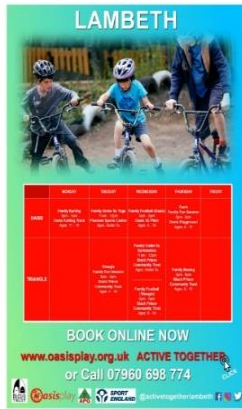
For more information on BPT's Social Outcomes and the activities on offer from The Hub please visit [www.blackprincetrust.org.uk](http://www.blackprincetrust.org.uk) or contact Jason Henley, BPT Community Manager on [jason@blackprincetrust.org.uk](mailto:jason@blackprincetrust.org.uk)

Developing and training our workforce on the impact sport has on Anti-Social Behaviour & Youth Crime is key to the positive effect sport can play in addressing key issues. Working in partnership with StreetGames, we are delivering the personal development workshop - "The Impact of Sport on ASB & Youth Crime. The workshop is open to youth workers, coaches and volunteers and by the end of the workshop learners will:

- Understand the risk factors around young people engaging in ASB
- Be able to describe the 10 key principles of what good youth sport intervention would like in addressing ASB
- Identify opportunities for projects to get involved in the world of youth justice

If you would like anymore information or to book your place, please contact James Gregory via email [James.Gregory@streetgames.org](mailto:James.Gregory@streetgames.org)

## Active Together – Family physical activity sessions

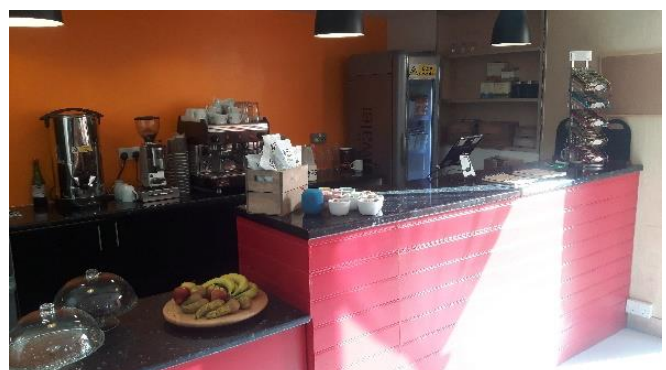


The Black Prince Trust are pleased to be working in partnership with Active Together Lambeth to deliver FREE physical activity family sessions. The activity is open to young people between ages of 5- 16 and their families. Activities on offer from The Hub include Family Fun Multi Sports, Under 5s Gymnastics, Family football and Family Boxing.

More information on these sessions can be found at [www.oasisplay.org.uk](http://www.oasisplay.org.uk) or by calling 0207 622 8756

## Brixton Peoples Kitchen (BPK) is open of business

We are pleased to announce that BPT is working in partnership with Brixton Peoples Kitchen (BPK) serving a healthy, hearty and affordable selections of food and drinks to our community and visitors.



BPK have been sharing food with new friends across South London for the past 5 years and everyone at BPT is excited to welcome BPK to the site. The partnership between BPK and BPT is an exciting opportunity to include education and the importance of healthy eating to our community. The Partnership in tern supports the already existing physical activity.

The cafe will be open Tuesday – Friday from 9-4pm offering breakfast and lunch, with vegetarian and meat options and fresh fruit. They also have barista's so you can get a good cup of coffee and a slice of homemade cake at any time.

If you would like anymore information, please contact Kemi via email [kemi@be-enriched.org](mailto:kemi@be-enriched.org) Please follow BPK on twitter @BrixtonPK for up to date menus.

## Free Group Exercise Classes

Here at BPT we are always looking at the best ways to engage the community in new ways to become active. Consultation conducted with the local community highlighted a lack of “Free to User” physical activity sessions in the evening. To action these findings BPT has added an evening Pilates and a circuits class to our already existing “Free to User” activity sessions. Please see the below full timetable of “Free to user” group exercise classes on offer to our community.

Activity	Day of the week	Time	Age group
Aerobic Fitness	Monday	2.30-3.30pm	40+
Open Air Circuits	Monday	6.00-7.00pm	16+
Yoga	Tuesday	9.00-10.00am	16+
Chair Yoga	Tuesday	10.00-11.00am	16 +
Musical Movement/Dance	Thursday	12.30-1.30pm	40 +
Pilates	Thursday	7.00-8.00pm	16+
Circuit Training	Friday	9.45am-10.45am	40+

## Fight 4 Change – Pound 4 Pound Charity Boxing Event

BPT’s Boxing partners Fight 4 Change has their annual “Pound 4 Pound” white collar boxing show on Friday 5<sup>th</sup> April 2019. The event is taking place at the Grange City Hotel, raising money to support the amazing work F4C delivers around female empowerment, gang intervention and providing diversionary boxing programmes to our young people.



Take a look back on the 2018 event to see what you could be missing. There are still tables available.

- <https://www.youtube.com/watch?v=CkSQs9f6ihk>

Taking part in this year’s event will be Jack Badu from Centre Point Engagement another onsite partner here at The Hub. Please find below Jacks fund raising page:

<https://fightforchange.charitycheckout.co.uk/pf/jack-badu>

For more information please contact on the “Pound 4 Pound” event or the work Fight 4 Change delivery within the community please contact either Rebecca Donnelly [rebecca@fight4change.org.uk](mailto:rebecca@fight4change.org.uk) or Adam Martin [adam@fight4change.org.uk](mailto:adam@fight4change.org.uk)

## BPT Finance and Business Manager Lou de Waal London Marathon

I can't believe I am running the London Marathon! Please get behind supporting me as all money raised will be going towards the fantastic Black Prince Trust and female engagement.

Working for Black Prince Trust has enabled me to see how the charity has a positive effect on the local community. The vibrant non-for-profit Sport for development charity sits in the heart of a housing estate in one of the most deprived boroughs in London. The unique hub delivers free to user exercise and educational sessions to pretty much anyone who walks through the doors.

I have a huge passion to get females enjoying sport and exercise at any age, therefore I am running the London Marathon in April in aid to raise funds for The Black Prince Trust to deliver and grow attendance in female only football, basketball and boxing in a low socio-economic area.

This also allows me to give back to the community and raise awareness of the great work the Trust does. I know your generous donations will directly impact females of ages 8 - 80+, whether that may be to improve confidence, to meet new friends, to learn a new skill or for them to identify a role model within their community. There is no other place like the Black Prince Community Hub and fundraising for such a great cause will help provide this service for many more years. All donations of any amount are hugely appreciated - <https://uk.virginmoneygiving.com/LoudeWaal>

**If you would like any more detailed information on the work that takes place here at BPT please contact Jason Henley, Community Manager via [Jason@blackprincetrust.org.uk](mailto:Jason@blackprincetrust.org.uk)**

