



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Open Community Gym 8:00am – 12:00pm Over 16s only Foundry Gym Voluntary Contribution</p>	<p>Open Community Gym 8:00am – 12:00pm Over 16s only Foundry Gym Voluntary Contribution</p>	<p>Open Community Gym 8:00am – 12:00pm Over 16s only Foundry Gym Voluntary Contribution</p>	<p>Open Community Gym 8:00am – 12:00pm Over 16s only Foundry Gym Voluntary Contribution</p>	<p>Open Community Gym 8:00am – 12:00pm Over 16s only Foundry Gym Voluntary Contribution</p>	<p>Team Kevlar 9.00am – 11.00am Gender: mixed 18+ / 14 – 17 Boxing Studio £10 per session / £60 per month (18+) £5 per session, £30 per month (14 -17 requires parents' permission).</p>	
			<p>Walking Basketball 11:00am-12:00pm For inactive adults 18+ The Regal £2 per session</p>	<p>Seniors Get Active Class 9.45am - 10.45am Seniors Gym/Boxing studio FREE</p>		
<p>BPT Open BB 11am-1pm Age:16 Regal and Jordan (sign in required) FREE</p>	<p>BPT Open BB 11am-1pm Age:16+ Regal and Jordan (sign in required) FREE</p>	<p>BPT Open BB 11am-1pm Age:16+Regal and Jordan (sign in required) FREE</p>	<p>BPT Open BB 11am-1pm Age:16+Regal and Jordan (sign in required) FREE</p>	<p>BPT Open BB 11am-1pm Age:16+Regal and Jordan (sign in required) FREE</p>		
			<p>Seniors Get Active Class 12:30 - 1:30pm Seniors Gym/Boxing studio FREE</p>	<p>Seniors Chair Yoga 3:00 - 4:00pm Seniors Gender: Mixed The Space FREE</p>	<p>Nu Breed MMA 11:00am – 12:00pm 8 – 18 years old Gender: Mixed Boxing Studio £8 per session (£3.50 for kids) / £25 a month (£12 for kids)</p>	<p>Who's Got Game Open Basketball 11:00-1:00pm 15 – 24 year olds The Regal FREE</p>
<p>Kennington Generals Basketball U14s 4:30pm -6:00pm Regal FREE</p>		<p>Kennington Generals Basketball U14s 4:30pm-6:00pm Regal FREE</p>		<p>Kennington Generals Basketball U14s 4:30pm- 6:00pm Regal FREE</p>	<p>Kennington Generals Basketball 11:00am-1:00pm 14-18 years The Regal FREE</p>	
<p>European Football Academy 4:00 - 5:00pm boys U12 - U16 4:00 - 5:00pm mixed U6 - U11 Powerleague pitches FREE</p>				<p>BPT Open Basketball 4.30 - 7pm Age:13+ Gender: Mixed The Regal FREE</p>	<p>United Krav Maga Self Defence school 1:00-2:30pm 18+ Gender: Mixed Jordan Court £10 Adult / £8 Student per session</p>	
<p>Fight4Change Boxing 4.30 pm – 5.30 pm 8-15 years old 5.30pm – 7.00pm 15+ years old Boxing Studio FREE</p>	<p>BPT Open Basketball 4.30 - 6.30pm Age:13+ Gender: Mixed The Regal FREE</p>	<p>Fight for Change Boxing 4.30 pm – 5.30 pm 8-15 years old 5.30pm – 7.00pm 15+ years old Boxing Studio FREE</p>	<p>BPT Open Basketball 4.30 - 6.30pm Age:13+ Gender: Mixed The Regal FREE</p>	<p>Dilek Taptik School of Dance Younger Tap 6-8yrs 4:15 - 5:00pm Street Jazz 5-10yrs 5:00 - 5.45pm Older Tap 8+ 5:45 - 6:30pm Boxing Studio £78 per term dilektaptikdance@hotmail.co.uk</p>	<p>Advanced boxing/ volunteering programme 3:00-5:00pm By invitation only Boxing Studio FREE</p>	
<p>Hula fit 7:00pm – 8:00pm 16 - 60yrs Gender: mixed Boxing Studio £7 per session Book through www.hulafit.com</p>	<p>Team Kevlar 7:00pm – 8:00pm 18+ / 14 – 17 Gender: mixed Boxing Studio £10 per session / £60 per month (18+) £5 per session, £30 per month (14 -17 requires parents' permission).</p>		<p>Team Kevlar 7:00pm – 8:00pm 18+ / 14 – 17 Gender: mixed Boxing Studio £10 per session / £60 per month (18+) £5 per session, £30 per month (14 -17 requires parents' permission).</p>	<p>BPT Football 5.00 - 6.00pm 12 - 14 yrs Gender: Mixed Multi sport Outdoor Pitch FREE</p>		
<p>Men's Open Court (Basketball Matches) 8:00pm – 10:00pm 18+ only Gender: Male Regal Court £5 per session</p>	<p>London Sparks Basketball 7:30pm – 9:30pm Age group: 18+ For experienced players only Gender: Female Regal Court £10 per session - discount with membership</p>	<p>Foundry Box and Bells Wednesday 7:00pm – 8:00pm Age Group: 18+ Gender: Mixed Boxing Studio £7.50 per session</p>		<p>Wingchun 7.30 - 9.00pm Adults Gender: Mixed Boxing Studio £ fees apply</p>		
	<p>Champion Fitness 8:00 – 9:30pm Age group: 18+ Boxing Studio £7 per session</p>		<p>Champion Fitness 8:00 – 9:30pm Age group: 18+ Boxing Studio £7 per session</p>	<p>Sanchez - Futsal 7.00 - 8.30pm 7 - 15 yrs Gender: Mixed Regal £40 per month</p>		